



Divorce is something that is becoming more prevalent in Western society, with divorce rates on the rise everywhere.

While it's easy to moralise and point the finger, the fact is that relationships fail, for one reason or another, and when they do, there is often very little support and education for those involved.

While I have never gone through this experience, my heart goes out to those who have.

I have a number of friends that have divorced, both men and women, and the effect on them has lasted for years.

Learning to trust again is a very hard thing to do, and many that I know have never even made to it that point.

It sounds almost like a a cliché to say it, but it is the children that suffer the most when relationships break up.

Using the children against the other parent is probably the most common issue in marriage breakdown.

Along with using a child as a confidant, and fighting in front of the children, this makes the break up even more bitter.

I remember years ago when I was getting my business off the ground, that I took on a job as a school bus driver to bring in extra cash and avoid debt.

There were two six year old twin boys on my bus who were going through just such a situation.

One afternoon they were upset and being teased by other kids, and they broke down and

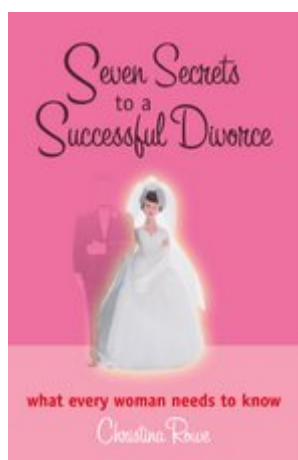
sobbed uncontrollably.

It turned out that in the middle of the proceedings their Dad had passed away.

I sat them up the front next to my seat, and that's where they sat until I moved on some time later.

I still chuckle about how they tried to set me up with their Mum – just like Hayley Mills in The Parent Trap Movies!

I still see them occasionally in town, and they have grown into fine young men, but I can only imagine how hard it has been for them and their family.



I had been thinking about the boys when I came across a book by Christina Rowe called 7 Steps To A Successful Divorce.

Ms Rowe covers the subject very well, and has turned a personal catastrophe into an opportunity to help others with her book.

[Her website](#) covers topics such as “How To Get Your Ex To Pay Your Divorce Legal Fees”, and uses Britney Spear’s and her ex-husband, Kevin Federline’s case to explain how and why this happens.

Other topics include “How To Get Through A Messy Divorce” and “Stressed Out Single Mom?” among a number of others.

Also included on the site is a video clip in which Christina and her eldest daughter are interviewed on TV. Well worth a visit!

Disclaimer: No payment has been received, nor is there any commercial connection between Ms Rowe and myself of any kind. I stumbled across her site and studied her published material. This article is the result!